

**SPRING 2010 MEETING  
IOWA FEDERATION  
OF HANDWEAVERS AND SPINNERS  
April 10, 2010**

At Plymouth Congregational Church  
4126 Ingersoll Avenue - Des Moines, Iowa

Hosted by Des Moines Weavers and Spinners

- 9:00 – 10:00      Registration – \$18  
Coffee, tea and refreshments will be provided.
- Hanging of Popular Choice Entries  
Bring woven, knitted, felted, handspun items for display.
- 10:00 – 11:30      Welcome and introduction of speaker,  
Carol Huebscherr Rhoades
- Carol Rhoades, Madison, Wisconsin, has taught spinning and knitting workshops around the U.S. and abroad. She is the Technical Editor of and a frequent contributor to *Spin-Off* magazine. She is particularly interested in Scandinavian and British sheep breeds and the knitting styles associated with wools from those sheep. Carol has researched Scandinavian knitting traditions and has also translated a number of Scandinavian knitting books into English.
- 10:15 – 11:15      “My Life as a Spinner” by Carol Rhoades
- 11:15 –              Shop the Vendors
- Lunch is on your own** at one of the many nearby restaurants. A list will be available at the registration desk. Feel free to bring a sack lunch.
- Officers and Guild Reps will meet during lunch.
- 1:00 –                Iowa Federation Meeting and drawing for door prizes
- 1:30 – 3:30        Carol Rhoades will speak on “Scandinavian Sheep Breeds” and show many examples of fleece and projects.

**Vendor Information** – A sunny room formerly used as the church café has been rented for vendors. There will be space for a limited number of vendors so sign-up right away. The fee will be \$25, which includes Spin-In registration for one person. Vendors are encouraged to donate a door prize to be given out during the Spin-In. Contact Sue Lustig (515-255-8648) or [buckandsue@mchsi.com](mailto:buckandsue@mchsi.com) to reserve your space.

## Directions:

Approaching Des Moines from Interstate 80 or 35 take I-235 to 42<sup>nd</sup> Street Exit. Turn south on 42<sup>nd</sup> Street to Ingersoll. Plymouth Church is on the SE corner. There is parking east of the church and behind the building.

**The 6<sup>th</sup> Annual Iowa Sheep and Wool Festival will be held June 12–13, 2010 at the Dallas County Fairgrounds in Adel, IA**

The website is  
[www.iowasheep.com](http://www.iowasheep.com)

You can expect: Dog trials, food, Hall of Breeds, Sheep Show, Fleece show, Fiber Classes, Fiber Vendors and demonstrations by several guilds, Commercial vendors, sheep shearing.

Come to shop, eat, take classes, sit and spin, meet new friends and enjoy a great day of festival events!

Questions? Contact Margie Meehan:  
[tipperaryfiberstudio@yahoo.com](mailto:tipperaryfiberstudio@yahoo.com)

## -----Workshop with Carol Rhoades-----

Carol Rhoades will present a one-day workshop on Sunday, April 11 from 8:30 a.m. – 3:00 p.m. on “Spinning Your Yarn in New Directions: Playing with the Connection between Fiber, Yarn, and Technique”. Registration is \$70 (includes a \$10 materials fee for handouts, wools and luxury fibers.) Workshop is limited to 15 spinners. Contact Sue Lustig at [buckandsue@mchsi.com](mailto:buckandsue@mchsi.com) for more information and to register.

Spinning the right yarn for a project involves planning and experimentation which can be fun, exciting, and surprising. In this workshop, we will explore how changes, both big and small, in the spinning process intersect with project techniques. We will test facts and myths about how fiber structure and characteristics determine yarn qualities. For example, is a Z-ply yarn stronger than an S-ply?

Working from the other direction we'll see how the way we knit, crochet, embroider, or weave affects the yarns we spin. Working in groups, we'll try as many variables as possible, including fiber choice and preparation, direction and amount of twist in singles and plies, and yarn density. Participants will spin sample yarns that they can later test in small knitting, crochet, and embroidery samples, thereby learning what combinations of factors will yield as perfect a yarn as possible for their projects.

### Officers

*President/Newsletter*

Linda Ryden  
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*Treasurer*

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*Secretary*

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## Meeting Rotation Schedule

Spring		Fall
Des Moines	2010	Waterloo/Cedar Falls
Iowa City	2011	Ames
Northwest	2012	Cedar Rapids
QCities/Clinton	2013	Decorah
Waterloo/Cedar Falls	2014	Des Moines

## Iowa Federation Fall Meeting Northeast Iowa Weavers & Spinners

Saturday, October 9, 2010  
Waterloo Center for the Arts

The speaker will be Lynn Tedder from Tulsa, Oklahoma. She will speak on Huck Weaving. There will be a two day workshop to follow.

**\*\*\*Officers\*\*\***

In the elections of spring 2009, Mary Ehrlich volunteered to fill the office of Secretary for a 2 year term ending in 2011. Lucy Hansen, treasurer, and Linda Ryden, president, agreed to continue until spring 2010 in their offices. Lucy has volunteered to continue as treasurer until the 2011 elections. One of our many capable members is needed now to assume the presidency, or to at least volunteer as VP and prepare to become president in 2011.

**Nancy Ahlborn**-is having a major destashing sale – yarns, knitting needles, rectangle, square and tri-ooms at wholesale, bobbins, washed llama fleeces, Victoria wheel, etc. Contact her @nahlborn@hotmail.com

**Wool Gatherer's Retreat**

The 2nd Annual Iowa Wool Gatherer's Retreat is November 5-7, 2010 at the Barn on The Bluff, Elkader, IA. Classes are being organized at present and will be available on our web page as plans are finalized - [www.iowasheep.com](http://www.iowasheep.com) . For information/to get on mailing list of event contact: Margie Meehan, @ 563-926-2573, or email: [tipperaryfiberstudio@yahoo.com](mailto:tipperaryfiberstudio@yahoo.com)

**For Sale**

Macomber Ad-a-Harness Looms used by Vesterheim Museum's weaving classes.

Good for workshops (collapsible and with wheels) and medium- to light-weight projects. Suitable for heavyweight projects that are shorter in length. Harnesses and width varies, email or call for more information. The first three sold come with a reed. \$250 each to benefit classroom improvement projects.

Laurann Gilbertson [lgilbertson@vesterheim.org](mailto:lgilbertson@vesterheim.org) or 563-382-9681.

As hosts of the 2009 Midwest Weavers Conference, the Iowa Federation of Handweavers and Spinners has received \$2000. How can we best use this money to benefit members of the Iowa Federation? Please discuss this at your guild meetings, and send your ideas with your guild representative to the Officers and Guild Rep meeting, to be held during lunch on April 10<sup>th</sup>.